

## THE KITCHEN CABINET

The six o'clock dinner marks the civilization of the world, no do Jyspepsia an' gout.

Meals with very little vegetable food except bread are undesirable from the standpoint of dietetics.—Dr. Langworthy.

### COMPANY LUXURIES.

These dishes are not for daily use in the ordinary household, as they are either too much work to prepare or are too expensive.



**Filletts of Game or Chicken.**—Cut the meat from the bones in wide strips and cook it in well-buttered skillet until brown, then add a tablespoonful of butter, two tablespoonfuls of currant jelly and the strained gravy left from the first cooking of the fowl, or venison. Have molded a ring of rice, place in the oven after spreading with butter and brown. Serve on a round dish and put the filletts in the center with the sauce poured over. A teaspoonful of curry and a teaspoonful of chutney added to the sauce will add variety to this dish.

**Eggs With Cheese.**—Beat six eggs slightly with a fork. Place in a chafing dish a tablespoonful of butter, and when this is melted and hot add two tablespoonfuls of grated cheese. Stir until smooth, then add the eggs and season with paprika and salt. Cook until the eggs are scrambled. Serve on toast.

**Nesselrode Pudding.**—Make a custard of three cupfuls of milk, 1½ cupfuls of sugar, the yolks of five eggs and a half teaspoonful of salt, strain and cool; add a pint of thin cream, a fourth of a cupful of pineapple sirup and 1½ cupfuls of cooked and mashed chestnuts. The nuts are put through a strainer after cooking. Line a two-quart melon mold with a part of the mixture and to the remainder add one-half a cupful of candied fruit, cut in bits, a quarter of a cupful of sultana raisins and eight chestnuts broken in pieces and soaked in cherry juice for a few hours. Fill a mold, cover, pack in salt and ice and let stand two hours. Serve with whipped cream, sweetened and flavored with Maraschino sirup.

**Bombe Glacee.**—Line a mold with sherbet or water ice, fill with ice cream or thin charlotte russes, cover, pack in ice and salt and let stand two hours. Macaroon ice cream is another good combination.

Nellie Maxwell

## THE KITCHEN CABINET

A meal should be taken at leisure, body and mind being for the time being given up to it, and to agreeable social intercourse.—Horace Fletcher.

Many a one has been comforted in their sorrow by seeing a good dish come upon the table.—Mrs. Gaskell.

### DESIRABLE DUMPLINGS.

Dumplings are a great emergency dish when the chicken or stew seems too small for the family. A nice fluffy lot of dumplings to surround the platter of meat makes a most satisfying sight.



**Dumplings.**—Add one beaten egg to a cupful of milk, a little salt and two teaspoonfuls of baking powder, sifted with flour enough to make a mixture stiff enough to drop from the spoon. Flours differ so in thickening power that no exact measurement can be given. Drop them on the boiling stew with a teaspoon and they will cook in eight minutes. Leave them covered during the entire time so they will be puffy and light.

**Bread Dumplings.**—Just before putting the bread into the pans, take out about half a loaf, add butter and make small biscuits. Let rise a few minutes until about the size of a walnut. Drop these in the hot broth and cook, carefully covered, twenty minutes. If larger dumplings are made the time must be longer for the cooking.

**Potato Dumplings.**—To a pint of milk add a beaten egg, a little salt, a cupful of mashed, hot seasoned potato, and flour to make a drop batter. Add two teaspoonfuls of baking powder to the last of the flour, mixing well. Drop in small spoonfuls in chicken or beef broth and cook twenty minutes.

**Potato Dumplings With Sauce.**—Cook and rice six medium sized potatoes; add a pint of bread crumbs, browned in butter, also two well beaten eggs and salt enough to season. Form in twelve balls and steam twenty minutes; place on a dish and pour over them a half cupful of melted butter.

**Sauce.**—Brown one teaspoonful of onion and a tablespoonful of flour in two tablespoonfuls of butter, then add a cupful of cider vinegar and stir until it boils, season with salt to taste. Dumplings served cooked in sauerkraut and sparerib stew are well liked by those who enjoy that savory dish.

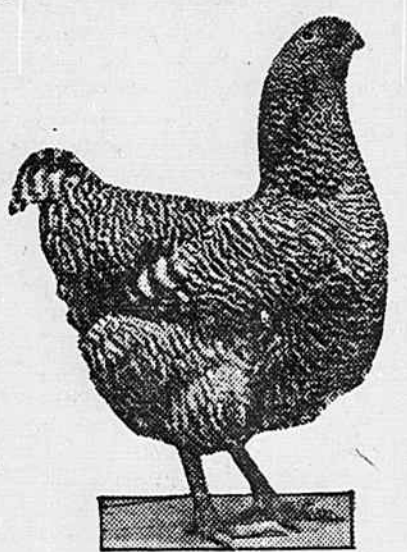
Nellie Maxwell

## FARM POULTRY

IMPROVING THE FARM FLOCK

Farmer Should Not Be Afraid to Cull Closely, Weeding Out All Weakly, Undersized Fowls.

Improve the flock; it always pays. Many of the farms have good stock, but the trouble is they have too many kinds of it. It is a poor policy to buy up purebred stock and turn it loose among a half dozen other kinds, some so crossed they will stand for nearly any kind of treatment; yet this is a rule on many farms. If you give all extra care, the purebred will respond to the good treatment and do good work as long as they live, but the purebred seldom do good work under neglect; they are not used to it. The good treatment the purebred get to



Barred Plymouth Rock Female, Bred at United States Government Poultry Farm.

bring them up to the right standard becomes a necessity, and they suffer and lose out under rough conditions.

If your stock is run down, improve it. Get rid of all poor stuff. Don't be afraid to cull and cull closely, says Twentieth Century Farmer. Weed out weakly, undersized hens. Say that you have a mixed flock, with a fair sprinkling of barred hens or any color that is in close resemblance to some of the purebreds, and yet you know they are not purebred, there is nothing to hinder you from making those barred hens, or the buff, or white—whatever you may have a majority of—the basis for an improved flock that will come up to the purebred in size and looks, with possibly greater laying power and strength because of the late crosses in their blood.

It is true that if you will improve you must breed from one color. You must set aside ten or more of your best marked hens of the color decided on, which may be barred. If you have a cockerel or two as well marked as these hens and large as the barred breed requires, keep these to mate with the selected hens. If there are no cockerels of this variety to breed from, it will be best to put in a couple of the purebred Barred Rocks.

There must be some arrangement made for keeping these male birds and the selected hens in a pen to themselves during the breeding season. The expense of such a pen is very light. You cannot expect to improve your flock without some slight expense. Ten or fifteen hens will give you all the eggs you need for breeding stock next year, even after close culling. By another year you should be able to discard all your mixed stock and rely on the improved birds to form all of the flock, which will yet demand culling and good selection each year.

### MANY MEDICINES FOR ROUP

With Strict Quarantine and Disinfectant in Drinking Water, Simplest Cures Are Best.

There are many medicines for roup, and with strict quarantine and disinfectant in the drinking water the simplest cures are often the best and surest, but here is one that is worth trying. When you use this you omit the disinfectant from the water, allowing all, sick and well to drink it, but never the sick with the well, remember. Give this water to them in their hospital.

Get the druggist to mix it in this way: Two drams tincture of iron, two drams tincture of aconite, two drams tincture of belladonna. Add to this four ounces of water, and, after shaking well, put a full teaspoonful to each quart of drinking water. This is to be relied on in severe colds, and also in roup if you do not let it get the start of you in the flock.

### Get Rid of Vermin.

Lice live upon the bodies of the poultry. They deposit their eggs in the plumage, generally near the vent, and live upon the scurf, dead skin and feathers. To get rid of them remedies must be applied to the bird.

### Charcoal Is Beneficial.

Don't neglect to have a supply of charcoal before the layers at all times. It helps to keep the flock healthy.

## DIVERTING LEONIE

By ELLIS BROWNE.

Marjory tried her best not to listen, but the conversation floated across the table to her ears with almost fiendish clearness. Mrs. Fanshaw's voice was a bit high pitched, and just now she was radiant with excitement, contradicting Tommy flatly about Willard.

"My dear child, I was there. He was simply mad over her. He can say what he pleases now, but I know and so does everybody else who saw them together."

Tommy tried to divert her, catching sight covertly of Marjory's face, the expression in her clear blue eyes, the hurt, close lines around her lips.

"Oh, I don't know, Mrs. Fanshaw. Will was just a cub. I don't think he ever really cared for her."

"Well, he certainly did, and if you could have seen her face last night at the box party Arline gave, when she heard he was in town, oh, my dear, my dear! Women are far more faithful than men. Hasn't she the most beautiful red hair you ever saw in all your life?"

"I can't bear red hair," said Tommy blithely. Marjory knew she meant Leonie Raleigh. She had met her at a tea that week and had noticed what an unusual type she was. And Will, her Will, had been in love with her only three years ago. She fingered her engagement ring absently. He was really very nice, a gentle-voiced, well-mannered, middle-aged Frenchman. And suddenly something he was saying caught her attention:

"You know, so few artists have ever been able to catch Titian's tone. Red hair has always exerted an extraordinary effect on artists, yet it is rare. My friend the marquis is quite wild over a young Californian he met at tea yesterday."

"Miss Raleigh?" suggested Marjory. Of course, it was Leonie. The men had flocked around her like bees at the tea. She had made a complete picture in the fading sunset light of the studio.

"Yes. He cannot get the inspiration for his work until he has the divine thrill for his subject—you see? And he has sought for a model for his Francesca. She must be this same Florentine type that Titian loved to paint, ah, the Florentine women with their dark eyes and red hair and faces like whitest pearls."

The next day Tommy took Marjory in to dinner, as Will was west for a few days, and he noticed her look of content.

"You know, I expect you to be any moment. What have you been up to?"

"Tommy," Marjory answered, "has the marquis any money?"

"Not much. But he's a really fine sort of chap, and his title is O. K. Ancient regime, you know. Some of his people lost their heads in the same basket with Louis, I believe. Why?"

"Nothing," Marjory changed the subject. The count kept her posted. Both he and the marquis belonged to the little group of marooned continentals in New York, too old to go to war, marking time in the new world. And it appeared that the red-haired Californian girl was a splendid success. She had enough money in her own right to make the attentions of the marquis acceptable. Even before Will's return, everyone was mating the two and talking of their romantic meeting. Marjory smiled and said nothing, not until the night when Will came back. She was at the opera with her mother, and two boxes away on the same tier were Leonie and the marquis.

"You know her, don't you, dear?" she asked, very imperiously. Tommy eyed her from the back of the box alertly. "Leonie Raleigh from Santa Barbara."

Willard sat up, his eyes suddenly keen with interest.

"Where is she?"

"Right over there in the Seward box. Isn't she lovely, Will? Such wonderful red hair!"

"Ah, they will be engaged in less than two weeks, I could wager," the count said happily, next her mother. "He is most devoted to her. He is perfectly mad over her. And she is quite willing to be the fair marquis, ah, yes, quite willing."

"You know," said Will appraisingly, "she always seemed an awfully ordinary girl to me. If it hadn't been for her hair she'd never attracted any attention."

"You knew her out West, didn't you, dear?"

"Oh, in a way. Glad she's going to marry a marquis. Leonie's the kind of girl that requires plenty of background."

Then, feminine to her pretty finger tips, Marjory could not resist just the one question:

"Were you ever really engaged to her, Will?"

"Never!" very emphatically. "You don't have to say that just to make me feel happier, dear. I don't suppose you can be blamed when you hadn't met me yet, only I dread to look even in the eyes of any girl who may have been kissed by you, don't you know?"

"Sweetheart"—he leaned over her chair—"don't you know that our love was so big and wonderful that it just swept away even the memory of any other out of my life."

And Tommy beamed and stepped carefully back out of the box. Even red hair could not eclipse that strike. (Copyright, 1915, by McClure Newspaper Syndicate.)

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All male citizens between the ages of 21 and 60 years except those exempt by law are deemed taxable polls. The 50 per cent penalty will be added for failure to make returns.

For the convenience of tax payers, I or my representative will be at the following appointed places on the dates mentioned to receive tax returns:

The office will be open to receive returns from the first day of January till the 20th day of Feb. 1916, as prescribed by law.

J. R. TIMMERMAN,

Auditor, E. C. S. C.

Dec. 8—1915.

## FIRE

## INSURANCE

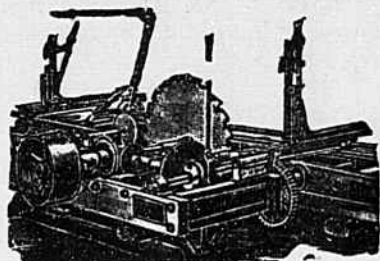
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No.	Time
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